

# Boston Baby Nurse & Nanny

## 12- 18 Month Milestone Checklist

12 Months	Plays games with you like pat-a-cake	Waves bye-bye	Understands "No," and pauses when hearing it
	Says Mama and Dada	Puts object (block) in a container or cup	Looks for things when you hide them
	Pulls up to stand & walks holding onto furniture	Drinks from a cup without a lid as you hold it	Picks things up between thumb and pointer finger
15 Months	Copies other kids while playing	Shows you objects he likes	Shows affection to you & hugs doll/toy
	Claps when excited	Stacks at least 2 objects/ blocks	Tries to use items correctly: cell phone
	Has 2 words besides Mama & Dada	Looks at object when you say it	Points when wants item or needs help
	Follows 1 step direction with a gesture	Take a few steps on his own	Uses fingers to feed oneself
18 Months	Moves away from you but makes sure you're close by	Points to show interest in something	Looks at few pages in book with you & enjoys scribbling
	Helps dress himself, pushing arm through	Puts hands out for you to wash them	Climbs on and off couch without help
	Walks without holding onto anything	Feeds self with fingers & tries using a spoon	Says three words, as well as Mama and Dada
	Follows 1 step direction without a gesture	Copies caregiver doing tasks around house, chores	Plays with toys in simple way, such as pushing a car

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## 24-30 Month Milestone Checklist

24 Months	Notices when others are upset by pausing or looking sad too	Looks at your face to see how to react in a new situation	Points to at least 2 body parts when asked
	Points to things in a book when asked	Says at least 2 words together	Uses more gestures than a point or wave
	Holds something in one hand while using the other hand	Plays with more than one toy object at a time (car and track)	Tries to use switches knobs or buttons on a toy
	Runs and can kick a ball	Walks (not climbs) a few steps with or without help	Eats with a spoon
30 Months	Plays next to another child, & occasionally with them	Says words like I, me, and we	Proudly shows you what she can do, "Look at me!"
	Says about 50 words	Says two or more words together with an action word	Follows simple routines when told (clean up)
	Can follow a two-step direction: Go to your room and get your pajamas	Uses things in other ways than they were meant in pretend play (block as food)	Small problem-solving skills are shown (gets a stool to see higher)
	Knows at least 1 color, by pointing	Uses hands to twist doorknob or lid	Take some clothes off by oneself
	Names items in book when you point & ask what is this	Jumps off the ground with both feet	Turns book pages one at time

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## 3 & 4 Year Milestone Checklist

3 Years	Calms down within 10 minutes after dropping child off somewhere	Notices other children and joins them to play (cooperative play)	Talks in conversation using at least 2 back and forth exchanges
	Says first name when asked	Talks well enough for most people to understand majority of time	Asks who, what, where, or why questions, "What is that?"
	Draws circle when shown how	Avoids touching hot objects when warned (stove, coffee cup)	Can say what action is happening in a picture book when asked (jumping, running)
	Strings large items together (noodles, big beads)	Puts on some clothes by oneself (loose pants, jacket)	Uses a fork appropriately
4 Years	Pretends to be something else while playing (doctor)	Asks to play with child if none are around, "Can I play with Joe?"	Comforts others when hurt or sad, perhaps hugs a crying peer
	Avoids danger, such as jumping off something high	Answers simple questions, "What is a fork for?"	Changes behavior based on location (church, school, home)
	Says sentences with four words or more	Says one thing he did today, "I played with cars."	Recites words from a song, story
	Can tell you what comes next in a known story	Can name a few colors of items	Draws a person with three or more body parts
	Catches a large ball a majority of the time	Holds crayon or pencil between finger and thumb (not fist)	Serves self food or pours water with adult supervision
	Likes to be a helper	Able to unbutton some buttons	